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I AM WHO *God Says* I AM

*Thirty days of Scripture affirmations to speak over your life, your mind
and your future*

WESLEY A.M.E. ZION CHURCH

1500 LOMBARD STREET · PHILADELPHIA · SINCE 1820

AFFIRMATION

I AM WHO *God Says* I AM

*Thirty days of Scripture affirmations to speak over your life, your mind
and your future*



ALL DAY LONG, VOICES TELL US WHO WE ARE. SOME SAY WE ARE not enough: not smart enough, not pretty enough, not successful enough. Some voices come from the world, some from people who hurt us, and some from inside our own heads.

God's voice says something different. This booklet gathers thirty truths from Scripture about who you are in Christ. They are not wishful thinking or positive-thinking slogans. They are promises, written by God, about every person who belongs to Him. Paul told the Romans to be *transformed by the renewing of your mind*. That happens one true thought at a time.

And be not conformed to this world: but be ye transformed by the renewing of your mind, that ye may prove what is that good, and acceptable, and perfect, will of God.

ROMANS 12:2 · KJV

HOW TO USE *this booklet*

1

ONE A DAY

Read one affirmation each morning. Say it out loud — there is power in hearing yourself speak God's truth.

2

READ THE VERSE

Look it up in your Bible and read the verses around it.

3

WRITE IT

Write it on a card or a sticky note and put it where you will see it all day.

4

ANSWER THE LIE

When a negative thought comes — *I'm worthless, I'll never change* — answer it out loud with the day's truth.

DAYS 1 - 6

I AM *loved*

I am loved with an everlasting love.

JEREMIAH 31:3

I am fearfully and wonderfully made.

PSALM 139:14

I am chosen by God.

1 PETER 2:9

I am God's child.

1 JOHN 3:1

Nothing can separate me
from God's love.

ROMANS 8:38-39

I am precious in His sight.

ISAIAH 43:4

DAYS 7 - 12

I AM *forgiven*

I am forgiven.

EPHESIANS 1:7

I am not condemned.

ROMANS 8:1

I am a new creation.

2 CORINTHIANS 5:17

My past does not define me.

ISAIAH 43:18-19

I am washed clean.

1 CORINTHIANS 6:11

I am free.

GALATIANS 5:1



Put God's words where you'll see them every day.

DAYS 13 - 18

I AM strong

**I can do all things through
Christ.**

PHILIPPIANS 4:13

**God has given me power, love
and a sound mind.**

2 TIMOTHY 1:7

I am more than a conqueror.

ROMANS 8:37

**The joy of the Lord is my
strength.**

NEHEMIAH 8:10

**When I am weak, He is
strong.**

2 CORINTHIANS 12:10

Greater is He that is in me.

1 JOHN 4:4

I AM WHO GOD SAYS I AM

DAYS 19 - 24

I AM *never alone*



God will never leave me.

HEBREWS 13:5

The Lord is my shepherd.

PSALM 23:1

God is my refuge and
strength.

PSALM 46:1

I am held in His hand.

JOHN 10:28

He is near to my broken
heart.

PSALM 34:18

His angels watch over me.

PSALM 91:11

DAYS 25 - 30

I HAVE *a future*



God has a good plan for me.

JEREMIAH 29:11

He who began a good work in
me will finish it.

PHILIPPIANS 1:6

All things work together for
my good.

ROMANS 8:28

I am God's workmanship.

EPHESIANS 2:10

God supplies all my needs.

PHILIPPIANS 4:19

I have eternal life.

JOHN 10:28

WHEN THE OLD VOICE COMES BACK

ANSWERING *the lies*



THE LIE SAYS...	GOD SAYS...
<i>I'm worthless.</i>	You were bought at a price. (1 Corinthians 6:20)
<i>I'm too far gone.</i>	Where sin abounded, grace did much more abound. (Romans 5:20)
<i>Nobody cares about me.</i>	Cast all your care upon Him, for He careth for you. (1 Peter 5:7)
<i>I'll never change.</i>	He which hath begun a good work in you will perform it. (Philippians 1:6)
<i>I'm a failure.</i>	Though he fall, he shall not be utterly cast down. (Psalm 37:24)
<i>I can't do this.</i>	My grace is sufficient for thee. (2 Corinthians 12:9)
<i>I'm alone.</i>	Lo, I am with you alway. (Matthew 28:20)



A PRAYER TO BELIEVE IT

Lord, I have believed the wrong voices for too long. Teach me to hear Yours. Where I have called myself worthless, You call me precious. Where I have called myself a failure, You call me Your child. Renew my mind, day by day, until I see myself the way You see me.

A M E N .

SIT WITH IT

Which lie do I hear most often about myself?

Which truth in this booklet answers it?



*“I will praise thee; for I am fearfully and wonderfully made:
marvellous are thy works; and that my soul knoweth right
well.”*

PSALM 139:14

WESLEY A.M.E. ZION CHURCH

“Big Wesley” · The Freedom Church · Founded June 6, 1820

SUNDAY SCHOOL	9:30 AM
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SUNDAY WORSHIP	11:00 AM
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1500 Lombard Street, Philadelphia, PA 19146
(215) 735-8961 · wesleyamezion1500@gmail.com

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